

19.- 26. August 2023

Movement & Awareness week at Findhorn – The Park



Nanni Kloke - Susanne Anders - Anni Broadhead

The sheltered settlement of the Findhorn Eco Village, surrounded by stunning nature is a uniquely supportive place for personal development. During the Findhorn Summer week for Movement & Awareness, circle dancing in the Universal Hall will be complemented by Meditation in Movement in different outdoor settings; time for inner reflection, who will inspire group sharings and, in the early morning hours, there will be the possibility to start the day with a Silent Meditation/ Inner listening and a Healing Yoga class. This week aims at transforming our awareness of dancing and movement in co-creation with nature. The different aspects of this week may bring forth an openness to foster the change we long to see in our lives.

Focalised by: Nanni Kloke - Susanne Anders and Anni Broadhead, with extra input from other Community members. This week will be in English with some German translation as required.

Registration : Academy for Movement & Awareness
<https://forms.gle/2TFGWRatyqSxZSHA9> (please copy and paste this Link in your browser)

Date : Saturday 19th – Saturday 26th August 2023.
The week starts Saturday with dinner and ends Friday with dinner.

Course fee : 480.- Euro incl.6x Lunch and 2x Dinner(excl. stay and travel !)

Stay : Please book your stay by yourself directly at the B&B of your choice. You will find the list of B&B's of The Park on our website www.nannikloke.com For any questions about accomodation please write an Email to Susanne Bartholomai-Anders info@tanzmeditation.de

Address : Findhorn Ecovillage, Findhorn-The Park , Forres, IV36 3TZ
Scotland, United Kingdom

Travel : How to get to the Findhorn Ecovillage – The Park ?
Our nearest town is Forres. Forres has good rail links to Inverness and bus connections to The Park. On the High Street in Forres you can find banks (cash dispensers taking most cards) and a reasonable selection of shops, restaurants and pharmacies. Our nearest airports are Inverness and Aberdeen. Both are international airports with good links on major carriers as well as domestic flight operators such as EasyJet and Loganair. From the airport of Inverness you can travel by Taxi or bus to the Findhorn Ecovillage – The Park.