

TanzMeditation with Susanne Anders Bartholomaei

Misa Criolla Training



**En fördjupning uppdelad på två
kurstillfällen under 2020 och 2021
i Sverige!**

Delkurs 1: 10-13 september 2020

Delkurs 2: 11-14 februari 2021

Misa Criolla Training

The Misa Criolla is an important testament to both Spanish and Latin American musical culture. With the Misa Criolla, composer Ariel Ramirez created an entirely new way of reconciling European and traditional Latin American culture.

The Misa Criolla Training is based on the *“Art for Peace - Path of the Heart”* principles, namely the realisation of an integration through movement, meditation and dance, which combines with respect for different social, cultural and religious backgrounds. We work from a place of universal spirituality and connection, which deepens the dances and meditation of movement.

The Misa Criolla Training is offered in different countries by official Trainers. The training invites people who are interested in being open to receiving an in-depth experience of this Danced Prayer. Completion of the Training enables participants to teach the Misa Criolla in their own groups.



As an official trainer I am trained by Nanni Kloke and qualified to offer Misa Criolla Trainings.

One of my central aims is to deepen the bodily experience of the dances and the music. Movement meditations and bodywork are used to develop centeredness, alignment and focus, as both help us to become aware of the vertical and horizontal connection in which we dance, and in which we also live. Connected in the circle as the symbol of unity, we can open ourselves to the transforming power of the spiral, and let the music guide us towards an holistic experience, an opening of body, heart and spirit.

This Training is open to people with previous Circle Dance experience.

Susanne Anders Bartholomaei

has a masters degree in psychology and is a dance teacher, leading Sacred Dance workshops for more than 20 years. She is offering year- long teacher trainings and further deepening in Gemany, Sweden and Irland. Her work is supported by many years of experience in body work and meditation. Susanne lives in the Findhorn Community in North of Scotland.

www.tanzmeditation.de



Plats

Åsljungagården i norra Skåne. www.efsgarden.com
tel: 0435-460054 e-post: info@efsgarden.com

Vi har förbokat mat och sovrum så det är viktigt att du anger "Heliga danser" när du bokar.

Kursavgift & helpension (kost & logi)

ca 2 800 SEK/delkurs (200 € + 800 SEK)
+ kostnad för helpension på Åsljungagården som betalas vid incheckningen.

Du bokar själv din kost och logi direkt på Åsljungagården, se info överst på denna sida!

Maten för en delkurs kostar 950 kr och inkluderar frukostar, luncher och middagar. Anmäl också om du behöver specialkost. Logi finns i enkelrum eller dubbelrum i olika standard.

Logipriser för en delkurs från 900 kr i dubbelrum med wc/dusch i korridor till 1700 kr i enkelrum med wc/dusch.

Hyra av lakan & handdukar: 120 kr.

Kursen sker på engelska!

Kursanmälan & info

Kontakta Pia Rosén (Torsö Musik & Dans)

via e-mail: pia@pinglabo.se

Från och med 10 augusti 2020 är din anmälan bindande.

OBS att anmälan gäller båda delkurserna eftersom de representerar en helhet!



Torsö Musik & Dans